

HARKER HEIGHTS TEEN CENTER FLOURISHING!

Since the ribbon-cutting ceremony on March 4th, the Harker Heights Teen Center has ushered in a new era of serving the community with the help of prominent members of the community, ASYMCA board and staff, and neighbors within the area.

After receiving positive and constructive feedback from the teens, the center continues to flourish into a place they can call their own! The participation from our local teens is very important; it allows them opportunity to feel at home, and belong to something they can believe in. The center likens themselves as an extension of the teens' living room, having some of the same amenities. It is a place to relax or "chill" and have a good time.

The Harker Heights Teen Center is currently equipped with Xbox 360 with Kinect and Wii's, FREE WI-FI, exercise area and more. More additions are planned

for the center including a mini-movie theater, computer area and lounge/café area, as the center continues to grow.

The Teen Center is currently open from 3:30 to 7:00 p.m. Monday through Friday and Saturdays 12:00 to 7:00. The 3rd to 5th grade crowd will have an opportunity to enjoy the amenities Tuesdays and Thursdays from 3:30 to 5:00 p.m. For the month of May our pilot program will give an opportunity for the adults in the community to enjoy the Center by having our doors open from 11:00 a.m. to 1 p.m. Bring your own lunch, enjoy items from our snack bar, or utilize access to our Wii, Xbox 360 with Kinect, exercise equipment, and enjoy free Wi-Fi on your laptop or our computer systems.

SUMMER HOURS will be Monday through Saturday 12pm-7pm. We will experiment this first summer with

best times to offer the facility for targeted age groups and with occasional 'late-night' hours.



TEEN CENTER HOURS

MONDAY-FRIDAY

3:30-7:00PM

SATURDAYS

12-7PM

SUNDAYS

CLOSED

TEEN CENTER AMENITIES

X-BOX

Wii

FREE WI-FI

EXERCISE AREA

SNACK BAR

AND MORE!!!

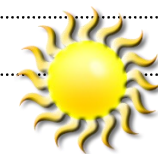
SUMMER CAMP ENROLLMENT NOW OPEN!!

Registration for ASYMCA Summer Camps will begin April 18th. The ASYMCA hosts several summer childcare camps throughout the area. The camps run from 6am-6pm, Monday through Friday beginning the first week after school commences for the summer. Children ages 4-13 years old are eligible to participate in the summer camps. The cost for the summer camp is

\$75/child/week. There is also a \$25 registration fee per child.

The camps provide constant supervision along with many fun activities to keep children occupied throughout the summer months. The staff take the children to the ASYMCA pool and spray park once a week and they also attend several field trips throughout the summer.

For more information, please call 254-634-5445.



YMCA SUMMER CAMP LOCATIONS

- Brookhaven Elementary - Killeen
- East Ward Elementary - Killeen
- Fowler Elementary - Killeen
- Mountain View Elementary - Killeen
- Sugar Loaf Elementary - Killeen
- Willow Springs Elementary - Killeen
- Tyler Creek Elementary - Belton
- YMCA Camp - Cove
- Florence Elementary School - Florence



TEEN CENTER PROVIDES OPPORTUNITIES FOR AREA YOUTH

The National ASYMCA and YMCA have numerous programs that serve the teen population. The Harker Heights Teen Center will begin initiating programs that encompass a wide variety of different subject areas that will allow all teens a opportunity to participate. Youth and Government is a YMCA program that began in 1936 in Albany, NY, and now has over 60,000 participants nationwide that compete on a local, state, national, and international levels. All middle and high school students in the areas that Armed Services YMCAs serve are eligible to participate. Students can engage in one of several different arenas; judicial, legislature, executive, press and media corps, youth commission, and a few more. This will give an opportunity for many teens to experience what goes on in the political process. The motto for Youth and

Government is “Democracy must be learned by each generation.”

Young Leaders

This program gives youth an opportunity to learn some valuable life skills. It also gives an opportunity for community members to give back by conducting sessions that can improve the future of the youth in areas including; commanding respect with their attire and how to dress for an interview, fiscal responsibility, gaining confidence in social settings and public speaking.

Outward Bound!

With the exception of church youth groups and scouts, it is rare to see teens participating in traditional outdoor activities other than school sports. The Outward Bound program will provide teens with the opportunity to experience being active in the “real

outdoors” and not just the walk to and from the bus. The Harker Heights Teen Center will load kids into our van or mini-bus and head out for activities such as kayaking, hiking, and fishing as well as trips to other cities for sports-related events. With adventures planned throughout the state, and eventually throughout the country, this program is bound to be a hit.



CONGRATULATIONS TO OUR VOLUNTEERS OF THE YEAR!

The ASYMCA would like to extend a HUGE THANK YOU to all of our volunteers. We could not achieve our mission without your help! We would like to give special recognition to our volunteers of the year.

MILITARY VOLUNTEERS OF THE YEAR – 2010

The soldiers the 62nd Engineers Battalion, 1st Cavalry Division, Fort Hood, Texas, are recognized as our military volunteers of the year. They gave hundreds of hours to leading the planning committee for our Annual Mud Run.

CIVILIAN VOLUNTEER OF THE YEAR – 2010

CSM (Ret.) David Clemons is recognized as our Civilian Volunteer of the Year. CSM (Ret.) Clemons has distinguished himself for always being available to volunteer for various special

events and activities in support of soldiers and their family members.

PROGRAM VOLUNTEER OF THE YEAR – 2010

Mrs. Sieglinde Moore is our Program Volunteer of the Year. Mrs. Moore is a dedicated and conscientious volunteer for our Operation Kid Comfort Program. She is, without question, one of the hardest working volunteers we have had the pleasure of working with and without her help this program would not be nearly as successful as it has been.

POOL SEASON FAST APPROACHING!

Summer is fast approaching and with that comes pool season. The ASYMCA Pool and Spray Park will be open following the Memorial Day Holiday. Those people who are already members of the Copperas Cove Family Center or the Harker Heights Teen Center are entitled to use of the pool as part of their memberships. Non-members are also able to use the pool at a cost of \$2/day.

The ASYMCA also offers swimming lessons for a wide variety of age groups ranging from toddler to adults. Cost for swimming lessons is \$40 for a two week sessions. Swimming lessons will begin in mid-June. For more information, please call Paul Britton at 254-542-2851.





HEALTHY KIDS DAY 2011

On Saturday, May 7, from 11am to 3pm, the Killeen Armed Services YMCA invites the Killeen community to participate in YMCA Healthy Kids® Day, the nation's largest health day for children and families. YMCA Healthy Kids Day includes fun, engaging and creative activities for children and families and promotes year-long wellness and healthy living. YMCA Healthy Kids Day events are free and open to all.

Healthy Kids Day will be held in conjunction with the Killeen Heights Rotary Club's Annual Crawfish Boil and Catfish Fry at the Killeen Special Events Center.

As a leading nonprofit strengthening community through healthy living, the Y holds Healthy Kids Day to teach healthy habits to kids and inspire a lifetime love of physical activity. At a time when one in three children in the United States are overweight or obese (according to the Centers for Disease Control and Prevention), developing healthier habits that include increased physical activity is more important than ever.

"At the Killeen Y, we know that parents struggle to find the time to incorporate more active play and healthier habits into their kids' daily routine," says Lionel Collins, Associate Executive Director of the Killeen

Y. "Doing so doesn't have to require extra money or resources. It's as simple as making a play date with your kids, with two key requirements – be active and have fun!"

Healthy Kids Day will be celebrated at nearly 1,600 Ys across the country, with more than 700,000 families expected to attend this year. This year, activities will include dancing, healthy eating tips, golf and summer camp opportunities for kids.

YMCA Healthy Kids Day is also supported by the American Cancer Society, American Diabetes Association, American Heart Association, Centers for Disease Control and Prevention, and the National Association of Chronic Disease Directors.

For more information about YMCA Healthy Kids Day, call the Killeen ASYMCA at 254-634-5445.



BIDDY SOCCER PROGRAM SET FOR MAY

The ASYMCA—Family Center will be children with the hope that they can carry hosting a Bidy Soccer and Youth Soccer those ideals throughout the rest of their Program starting on May 13th. The Bidy lives. Program is for ages 4-6 years old, while the Youth Soccer Program is set for ages 7-10 years old.

Both programs focus on the fundamentals of movement and the basic rules and regulations for the sport. The ASYMCA strives to stress the importance of physical activity and healthy lifestyles in



BIDDY & YOUTH SOCCER PROGRAMS
FOR AGES 4-6 AND 7-10 YEARS OLD
COST: \$20/MEMBERS,
\$30/NON-MEMBERS

Programs focuses on the the fundamen-
tals of movement and the importance of
physical activity in a healthy lifestyle.
All participants will receive a T-shirt and
trophy.

DID YOU KNOW?

The Rev. Andrew Young, former UN ambassador and mayor of Atlanta, grew up in the Y, as did:

Former President Bill Clinton

Dr. Martin Luther King, Jr.

Jackie Robinson

Andy Rooney;

Comedian Tim Allen

Beatles Legend John Lennon and his son Sean; and

Dave Thomas (owner of Wendy's)



APRIL 2011

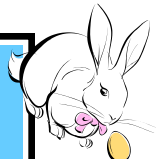
ASYMCA—KILLEEN
415 N. 8TH STREE
KILLEEN, TX 76541

ASYMCA-FAMILY CENTER
501 CLARA DRIVE
COPPERAS COVE, TX 76522

ASYMCA—TEEN CENTER
100 BEELINE AVE
HARKER HEIGHTS, TX 76548



SUMMER CHILDCARE INFORMATION



ENROLLMENT BEGINS APRIL 18TH

COST: \$25 REGISTRATION FEE, \$75/WEEK/CHILD

AGES: 4—13 YEARS OLD

CAMPS BEGIN JUNE 6TH, RUNNING MON-FRI, 6AM-6PM



STAFF RECOGNITION

Congratulations to our Child Care Director, Antoinette Wiggins, and the Assistance Child Care Director, Eula Scroggins, for their recent completion of Training at YMCA Program School in Houston. They are now qualified to teach others to work with children ages 5-12 years old. This will allow us to train all of our site directors, as well as other qualified staff,



ANTOINETTE WIGGINS



EULA SCROGGINS



**WE BUILD STRONG KIDS,
STRONG FAMILIES AND
STRONG COMMUNITIES.**